

NEWSLETTER

#### July 2018

Item	Page
Headmistress's Message	1
Early Years Celebration	1
2018 Speech Day	2
New Prefect Teams	2
Kindergarten's Magical Visitor	2
Redbridge Jewish Community Centre	Trip .3
Year 2 Pupil Wins Gymnastics Gold	3
Year 3 Pupil Builds on Music Success	3
End of Year Trip to Chessington Worl of Adventures	
Moving Up Day	4
Year 6 Visit to Crucial Crew	4
Humanities Week	5
Gifted and Talented Trip to Westmin Abbey	
Year 7 Induction Day	7
Year 11 Leavers' Assembly	7
GCSE Art and Graphics Moderation Display	7
Year 10 GCSE French Trip	8
Gideon's Bible Assembly	8
Social Networking	8
8K Community Service Project	9
Charity Netball Match	9
Senior House Trip	10
Year 10 Work Experience Week	11
Year 10 Careers Day	12
Cambridge Centre for Sixth Form Stu Trip	
8T Charity Service Project	13
Year 9 Charity Cake Sale	13
Forest Academic Challenge Day	14
Senior SRE Workshops	14
Normanhurst Sports Report	15
NSPA	17

#### Headmistress's Message

I am very proud of the achievements of the Normanhurst pupils this year, whether it is in academic work, sport, performance, taking on leadership opportunities or in being an excellent role model and friend to their peers. I am hugely impressed by the range of activities in which our pupils are involved; their energy, commitment and enthusiasm is great to see.

I hope our pupils and their families have an enjoyable summer holiday, and as well as having some school work to do for the older students, I hope that our pupils have time to relax and refresh ready for the new school year in September.

GCSE Results Day is on Thursday 23 August and Year 11 pupils can collect their results from the school hall between 8.30-9.30am.

I wish all our pupils who are leaving at the end of term the very best in their new schools. Please keep in touch with us. I am looking forward to welcoming everyone back to school at 8.40am on Wednesday 5 September, for another excellent year.

With my best wishes

Mrs Claire Osborn Headmistress

#### **Early Years Celebration**

The Kindergarten and Reception classes had a lovely end of year celebration on Monday 2 July when we were able to celebrate all they have achieved this year in style. The children sang songs, showed their work and talked about



their highlights of the year to a packed hall of parents, friends and families.

The children have made hugely impressive progress in their learning this year, with the vast majority of all the children in the Reception classes exceeding age related expectations in their profile scores in all areas of learning. Coupled with that, they have clearly really enjoyed their time in school, as their happy and enthusiastic rendition of 'You've Got a Friend in Me' showed!



## NEWSLETTER

#### 2018 Speech Day

The whole school community from Year 1 to Year 11 gathered together in the impressive setting of Chingford Assembly Hall for the annual Speech Day and Prize Giving on Thursday 5 July. It was a lovely evening. We have much to celebrate this year at Normanhurst and pupils were commended for their achievement, progress and contribution to school life.

We were entertained by some excellent performances from the vocal leads, choir, sinfonietta and orchestra, and the school band. Parents were complimentary about the achievements of the pupils and thankful to staff for their work with the children.



#### **New Prefect Teams**

Congratulations to the new prefect teams, whose duties begin in September.

#### **Junior House Captains and House Prefects**

House Captains of Connaught House: Finnley and Margarida

House Captains of Warren House: Kian and Isabelle Prefects: Shaunella, Alfie and Jordan

#### Senior Prefect Team:

Head Boy:		Umar
Head Girl:		Ella
Heads of Connaught House:		Miles and Eden
Heads of Warren H	House:	Tolani and Hannah
Senior Prefects:	Katy Zara George Kalvin	Jesse Honor Kyarna





#### **Kindergarten's Magical Visitor**

While all the older pupils from Reception to Year 6 went on their end of year trip, the Kindergarten children celebrated the end of their school year by enjoying a show performed by Magic Bob! They had so much fun watching all his tricks, and a few children even had the chance to help create the magic!

What a lovely way to finish the term!





### NEWSLETTER

#### **Redbridge Jewish Community Centre Trip**

On Friday 22 June 2018 the Key Stage 1 pupils from Normanhurst School went on an RE Trip to the Redbridge Jewish Community Centre as part of their learning about Judaism in RE lessons this term. The Redbridge JCC is Mr Grant's place of worship and he accompanied the Year 1 and 2 pupils and staff.

During the visit the children participated in three activities: a discussion about Shabbat led by Mr Grant, a Hebrew writing workshop, led by a visiting Israeli Youth Worker and a Jewish artefacts discussion led by the centre manager.

After a snack and short break the children sat down to have a talk with the Rabbi Dansky who showed them one of the sacred Torah scrolls and answered questions the children had all about Judaism. Before the end of the visit pupils from each class presented Rabbi Dansky with cards to say thank you.

#### Year 2 Pupil Wins Gymnastics Gold

On Saturday 30 June Bahar took part in the London Cup International Gymnastics competition. She competed in the Under 8s (2011's) group, against 100 other gymnasts.

Bahar completed a beautiful floor routine which included split roll, back bend and a ring jump. She worked incredibly hard for months perfecting this routine and as a result received the first prize gold medal. What an amazing achievement!

Well done Bahar, keep up the great work!

#### Year 3 Pupil Builds on Music Success

Nicolas in Year 3 has continued to make excellent progress with his viola throughout this year. As well as being a member of the Pro Corda Ensemble (Royal Academy of Music) and the Normanhurst School Orchestra, he has recently auditioned for the prestigious Centre for Young Musicians, and has been successful in gaining a place.

The Centre for Young Musicians (CYM) is a division of the Guildhall School of Music and Drama, and provides high quality progressive music training for thousands of talented children across the country.









### NEWSLETTER

#### End of Year Trip to Chessington World of Adventures

On Friday 6 July, Reception to Year 6 had a thrilling day out at Chessington World of Adventures. It was a brilliant day out and a wonderful end to a busy year in the Juniors. The children were able to enjoy a range of rides and learn first-hand about the different forces involved in theme park rides. Reception particularly enjoyed seeing the different animals in the zoo, while Year 6 conquered their fear of heights on the Vampire ride. Mrs Fisher and Miss Greenin recount here the Reception classes' adventures.

"Reception had a great time at Chessington. Once we arrived we quickly went on the Gruffalo ride which told the story of 'The Gruffalo'. The children enjoyed this lazy river ride and were very brave when they were faced with the Gruffalo. Following that, we went to see some of the different animals in the zoo. We saw lions, tigers and a very cute baby gorilla. After that, we went to Hocus Pocus Hall which was a strange place where not everything was quite as it seemed. We had a really lovely day at Chessington and Reception showed again what great ambassadors they are for the school."





#### **Moving Up Day**

On Wednesday 27 June, the whole of Early Years and the Junior School enjoyed a day with their new teachers in their new classrooms from September. Miss Greenin and Mrs Fisher welcomed the current Upper Kindergarten class into Reception, and tell us here about the day they all shared.

"Upper Kindergarten enjoyed their moving up day to Reception. We did a variety of activities to get the children used to what life in Reception is like. We read the story 'Oh! The Places You'll Go' by Dr Seuss and linked our learning to journeys and the different places we



would like to go. The children designed their own lovely hot air balloons and also did some balloon printing.

Meanwhile, Kindergarten also had a lovely time and enjoyed exploring their new learning environment alongside the new children that are joining in September.

The Early Years team are already busy planning, and are looking forward to another busy and successful year."

#### Year 6 Visit to Crucial Crew

On Wednesday 13 June, Year 6 took part in an excellent workshop called Crucial Crew as part of their transition for Year 7. It taught the class what to do in a range of emergency situations, the importance of resisting peerpressure, as well as how to cross the road safely. The whole class had a wonderful day and feel far more prepared for their journey into Senior life.



## NEWSLETTER

#### **Humanities Week**

In the week beginning Monday 25 June, the Early Years and Junior School enjoyed a range of different activities and trips linked by the Humanities subjects. Here, some of the classes report on what they did.

Year 1 On Friday 29 June as part of Humanities Week activities, the Year 1 pupils spent the morning in Epping Forest looking for the signs of summer and learning all about mapping. They took a walk up to the Queen Elizabeth Hunting Lodge where they were met by their guide Kate. Kate spoke to the children about how maps help us navigate and find our way around. She led the group into the forest where they were able to look for the signs of summer and mini beasts, all while talking to the children about how to identify various animals and bugs. Once in the shade of the forest the children made mini



beasts using the natural materials of the forest then drew maps to help their friends find their creations. It was a fun and informative morning/

Year 2 On Friday 29 June Year 2 went to the Hunting Lodge for an exciting workshop all about the Stone Age. When we arrived we worked in the classroom looking at artefacts from the Stone Age such as antlers, spear heads and leather. We then travelled outside to the forest. Once there we made shelters using the logs in the surrounding areas! It was really fun, and the children worked really hard making sure that their shelter had a good roof and some even had a seating area! Lastly we made pots, plates or cups out of clay, the children moulded the clay and used leaves or sticks to make patterns and imprints on their clay. It was a really lovely afternoon and the children learnt a lot!



Year 5 On Monday we went to Connaught Water with Year 6. At Connaught Waters each of us had a challenge, we had to work in our houses – Connaught and Warren. The first task was to find a rainbow thing in the forest, the second task was to take photos of nature. I enjoyed seeing all the animals and searching the forest for colourful things. On Tuesday we went to the Hunting Lodge. At the Hunting Lodge we got to learn all about the Tudors and we got to dress up. I enjoyed learning about all the food they ate and about the things they had not discovered yet - like using a fork! On Thursday we had a Dress Up Day. All of us had to dress up as a person from history and in Year 5 we gave clues to the class to see if they could guess who we were. I dressed up as Queen Elizabeth I. On this day we also learnt about Queen Victoria, we had to research different things about her and create a poster. On Friday we mixed with the Year 6 class and we told them all about Queen Victoria and they told us about Emmeline Pankhurst. It was fun swapping facts and learning about different people. It was fun being the teacher. Also on Friday, Year 5 showed the class our Tudor presentations. We all researched The Tudors for



homework and created a PowerPoint to present to the class. I learnt that Tudors only ate with knives and spoons and I enjoyed making the transitions for my slides on the PowerPoint. The best thing about Humanities Week was dressing up as somebody from History. **By Margarida, Year 5.** 

# PHILOS VIRI PATER BST

## NEWSLETTER

#### **Gifted and Talented Trip to Westminster Abbey**

"It was really interesting to see the Abbey. We learnt many facts about it such as how it was constructed in a cross to show the Christian religion that it followed. I hope to see more places like it again". This enthusiasm about our trip from Hawi in Year 9 summed up what many of our Gifted and Talented pupils thought about our fascinating day. Lucy in Year 8 admired the Coronation Chair made for King Edward I in 1296 while Kamile in Year 7 enjoyed the splendid architecture of the vaulted ceiling. Alexa, also in Year 8, was interested in all the poets commemorated in Poets Corner, as well as



Normanhurst School

the statue of William Wilberforce who she studied recently as part of the Year 8 topic on the Black People of the Americas.

Our trip started with a video on how Westminster Abbey has been used for different purposes over time. Used as the Coronation church since 1066, the Abbey has also been the setting for sixteen royal weddings, with the most recent being when Prince William married Catherine Middleton in 2011. It is also the burial place of kings and queens and other well known figures in our history from writers and musicians to politicians and scientists, including Charles Darwin and the late Stephen Hawking. Today it is still an important living church, with regular services held throughout the day.

Our pupils learned how the iconic building represents one of the fundamental British values of tolerance, while surrounding buildings such as the Houses of Parliament also symbolise key British values including the rule of law, justice and freedom of speech. Pausing outside the Abbey entrance, our guide John explained that the four huge statues represent the Benedictine monks' values of peace, mercy, justice and truth. Above them we were shown ten people who died for promoting basic rights, such as Martin Luther King. Moving inside, we studied the statue of famous Victorian Anthony Ashley Cooper, who campaigned against children working ten hours a day in factories. Other statues we saw included former Lord Chief Justice Lord Mansfield who was against slave ships, and eminent Victorian politicians Robert Peel, Gladstone and Disraeli.

At the area called the 'Crossing' we saw the spot where the future Charles III will be crowned. Moving on into the light filled Chapel of Our Lady we were shown the newer and vibrant stained glass windows, as well as the final resting places with their effigies of famous Tudor Queens Elizabeth I and Mary Tudor as well as Mary Queen of Scots.

Some people say the most important person buried there is the Unknown Warrior, an anonymous soldier from World War One, representing all those who have died in conflict. John explained that he is an ordinary random soldier buried in a highly respected place with brass letters made from gun casings and bags of French earth. This symbolises the rule of law since he died in the French battlefields but now lies in Westminster Abbey.

Unlike all the other graves, nobody is ever allowed to walk on his grave.

After lunch we returned for a self guided tour where our pupils had to answer questions from a worksheet based on what was under their feet. House points went to Year 7 students Olivia L, Kamile, Mia and Zaeem who completed all the questions! On our way back to Westminster station we paused to admire some of the statues, including that of suffragist Millicent Fawcett which was erected in April 2018. A fitting end for a school trip themed on British values.





### NEWSLETTER

#### Year 7 Induction Day

On Wednesday 27 June Normanhurst hosted an Induction Day for the current Year 6s, including pupils who are joining us from other schools. It was the perfect opportunity for all of our soon-to-be Year 7s to get to know each other, their new form tutors, and a little bit about what life is like as a Senior.

At the start of the day the pupils were briefed by Mrs Osborn on what their new school life would be like, before moving on to spend a little time with form tutors: Ms Parry and Mr Evans. Then it was time to move on to some Senior style lessons. In their forms, the pupils had a morning of Science fun with Ms Wren, learning all about Bunsen Burner safety and different chemical reactions, and some creative time with Ms Parrott crafting self and peer-portraits out of several different media. The end of the day was spent team building with the P.E. department, playing badminton and bouncing around at the indoor adventure park.

Overall, the pupils had a fun-filled and informative day, learning what life was going to be like at the start of September. Queenie, of our current Year 6s said 'I liked the trampolining the most. It gave me the chance to bond with the new students', whilst another Year 6, Ashanti, commented that 'Science was really fun because we tried new experiments. I enjoyed being active in the lesson'.

We look forward to welcoming all of our new Year 7s in September to start their Senior journey with us!

#### Year 11 Leavers' Assembly

In keeping with Normanhurst tradition our Year 11 pupils prepared a final assembly to say goodbye to their teachers and friends across the school.

As always, the assembly had lots of audience participation and interactive games including a Guess the Baby competition and teacher awards. We were also treated to beautiful musical performances by Adam, Nicole and Yasmine.

After their assembly the Year 11 pupils handed in their text books for

the last time and signed one another's shirts. We will greatly miss our Year 11 pupils and wish them the best of luck for the future.

#### **GCSE Art and Graphics Moderation Display**

Congratulations to our GCSE Art and Graphics pupils whose completed GCSE work was on display in the Art room for moderation. It was clear to see that both Graphics and Art pupils had worked extremely hard and produced a wide range of exciting artwork and design exploring a range of different ideas.

Throughout the two years of their course pupils produce three units of work in which they develop and record ideas, critically analyse artists 'and designers' work, experiment with a range of different materials and produce final outcomes as a realisation of their project theme or

brief. The display was a showcase of the Art and Graphics work produced by the pupils and was a culmination of their hard work and effort throughout the course.







### NEWSLETTER

#### Year 10 GCSE French Trip

On Thursday 21 June, the Year 10 French pupils went to the Institut Français du Royaume Uni, in South Kensington, to celebrate the so-called *fête de la musique*, the French national music day. The day started with a dynamic quiz based in the Institute's library, where pupils were asked to answer some music-related questions, by reading through French language books, and listening to CDs and DVDs.

The afternoon continued with the screening of the film entitled *La Famille Bélier*, starring Louane Emera, winner of the César award for Best promising actress, to end the day in tune. The film was in French



with English subtitles, and both the pupils and the staff thought it was moving and very funny at the same time!

#### **Gideon's Bible Assembly**

Pupils from Years 7-9 were given an assembly by a representative of Gideon's Bibles, John Green.

Mr Green began by giving a context to the origins of the bible in relation to history. He also spoke to our pupils about the universal themes and messages contained within the bible and how they are relevant to young people in modern society.

At the end of his presentation Mr Green offered a copy of the New Testament and Psalms as a gift for our pupils to take away and read.

#### Social Networking



#### Website

Go to the School Calendar page for upcoming events and our <u>News</u> page for all the latest news and lots more photographs.



#### Instagram

Follow us on Instagram for regular photo updates! Search for **normanhurstschool** to find us, then click follow!



#### Available on the App Store GET IT ON Google play



#### Арр

Keep up to date with the latest news, calendar dates, and much more by downloading the new Normanhurst School App.

#### Twitter

Follow us **@NormanhurstSch** on Twitter to get the latest updates.

Facebook is our newest form of Social Media. Like us on Facebook to get news, photos, events and updates posted straight to your newsfeed.



### NEWSLETTER

#### **8K Community Service Project**

Pupils in 8K walked to The Spinney care home for their annual summer community project. Many of the residents have dementia, and during their initial talk by Lifestyle Co-ordinator Michelle, Alexa reminded everyone that people with the condition suffer memory loss and cannot always remember their family. Hamza also shared with everyone the knowledge that his great uncle has dementia and is currently being cared for at home, but goes to hospital for regular treatment at weekends.

Hamza later told Gwen, one of the residents, that he hopes to be

either a brain surgeon or a pharmacist! All our pupils chatted naturally with the residents, quite often discovering fascinating details about their former lives. On the top floor, for example, pupils met 95 year old Norman who commanded an aircraft carrier during World War II. Sitting nearby was former opera singer Angela, and Patricia told the class how she used to go to school in a rickshaw since she grew up in India under the British Raj. She then came back to Britain at the start of World War II and served in the Wrens

Year 8 also chatted to the residents about their holidays and school work. Paarth, for example told Italian resident Eufemia that he had visited Pisa in Italy and seen the famous leaning tower when he was eleven. He told 97 year old Doris that his favourite subjects were Maths and Science. Paige and Hamza also told Doris about their sporting successes and the recent Gifted and Talented trip to Westminster Abbey.

Dennis, who was a manager in Hackney for 40 years, and former secretary Doreen also chatted happily to our pupils. Jackie, another resident who has been at The Spinney for four years, expressed a keen interest in Alexa's badges. Alexa explained how they represented the choir, her work on the charity committee and her House badge.

Although our pupils started off rather shy, it took no time for them to mingle naturally with the residents and it is a visit they hope to repeat next year.



#### **Charity Netball Match**

Monday 2 July 2018 saw the annual epic sporting contest of the staff versus pupils netball match that 10B runs in order to raise money for one of the school's charities, United World Schools. The game took place during PSHE, and pupils and staff all paid a donation to watch the game.

It was an excellent game, with both staff and pupils playing really well. There was exceptional teamwork by the pupils, with some outstanding shooting skills by the staff team.



As a result of this, pupils took the early lead. The staff continued to work hard and with some fantastic play began to make a comeback. The final score was 10-8 for the victorious pupil team.

Everyone was very generous in their donations and support, raising a total of £235.00 in conjunction with the Year 9 cake sale. Thank you to everyone who took part and helped to raise money for this wonderful cause.





### NEWSLETTER

#### Senior House Trip 2018

Senior pupils enjoyed a wide range of activities as well as a spot of sunbathing under the sweltering July sunshine at our annual House trip just before the end of term. A packed itinerary included climbing, high ropes and archery, as well as kayaking, canoeing and Bumble on the River Stort.

In fact Bumble is unique to Harlow Outdoors and includes sliding on weirs, playing team games in the river, jumping from the river bank and bridge jumping. Our pupils donned buoyancy aids, blue wetsuits and helmets, and William in Year 9 said the best part of Bumble was jumping into the cold water on such a hot day! Tadpoles surrounded him as he enjoyed several jumps in two different parts of the river.

Water games such as water polo were very popular amongst those out in the river. Katy in Year 10 said she particularly enjoyed throwing a ball and trying to get it to land in someone else's canoe. Jay in Year 9 proved to be talented at the water games, whereas Umar also from Year 9 and Leon in Year 10 fell into the water! Deniz in Year 7 also fell in after his foot got stuck in the mud, and Sam in Year 8 suffered the same fate when his paddle pushed off from the wall and he fell in. They all took it in good spirits and there was no lasting damage!

The high ropes were popular, with many pupils successfully completing the 'leap of faith' before coming down the ropes. Tolani in Year 10 explained that the wobbling pole made jumping hard, but he completed the jump by bending his knees. Many other Year 10 pupils including Honor, Zara and Levique were also successful, with Zara saying that she enjoyed the 'adrenalin rush' when she did the leap of faith. Others such as Ibrahim in Year 8 didn't fancy the leap so were winched down from the platform.

Paige in Year 8 excelled at the archery, as did Danny also in Year 8. Meanwhile, Kalvin in Year 10 was considered strong enough to be allowed to have a special bow. Archery contestants played the 'pizza game', where they had to hit the coloured circles in order. White represented dough, blue was tomato, red the cheese and yellow the topping. If they hit the black circle, they had 'burned' the pizza and had to start again. The instructors said they saw a huge improvement in our pupils at the end of the session.

This was a highly successful House trip, which will doubtless be repeated another year.











## NEWSLETTER

#### Year 10 Work Experience Week

In the week of 25-29 June, all our Year 10 pupils spent time in a variety of placements, gaining valuable work experience. Two of our pupils have recounted their very successful weeks in the work place.

My Work Experience by Miles, 10B For my work experience I worked with the British Army for five days. I

wanted to work with the army since it's a career I've been considering for a long time, specifically becoming an officer. We were based at a Ministry of Defence camp in Colchester. However, we had a visit to Merville Barracks which is home to the parachute regiment which, alongside the Royal Marches, is one of the branches of the military I'd like to go down.

Whilst we were at the barracks we took part in a virtual reality close combat trainer and also countless battlefield scenarios using the L85A2 rifles and trying out the new sights and foregrips. I was allowed to shoot the weapon on fully automatic along with three other people, which was a serious adrenalin rush.

I had two favourite parts of work experience. The first was the 1.5 mile run which took place on Day One. We ran alongside the instructors and were encouraged to run at best effort. I managed to complete the run in 10 minutes and 42 seconds. My other favourite part was living in the field for 24 hours. We marched from the

camp midday on Wednesday to the harbour location (where we were sleeping) with full backpacks in the boiling heat. Once we got there we started to set up our sleeping bags and began to build sentry posts. Once the camp was set up we began sentry duties and cooking our ration packs. We then began patrols around the camp, conducting an ambush and using our anti ambush drills in a scenario. For me, I loved these 24 hours since the whole course was teaching us skills, making us ready for the final exercise and it was a great feeling to combine all of the skills and have a successful final exercise.





For me, the main things I took from work experience was organisation skills. It was vital to have these skills since every morning we had room inspections and if they were not up to standard we would be running all day!

**My Work Experience by Katy, 10B** For my work experience placement, I had the honour of working in Moorfields Eye Hospital. Moorfields Eye Hospital is one of the leading providers of eye care and people travel all over the world to be treated by these leading specialists in areas such as childhood glaucoma and adnexal and vitreoretinal surgery. Mally Scrutton, a matron in the children's hospital, handled my placement and gave me a clear timetable for each day.

On the first day of work experience I met with another student and Amani Bilal, the Head of Education, who briefed us on the health and safety rules and introduced us to Mally. I was working on Paediatric so Mally gave us a tour of the building and introduced us to some of the nurses and doctors. She made me feel very welcome and made sure I had access to everything and knew where everything was. Mally then took me to Floor 3, a vitreoretinal clinic, where I was introduced to the staff. I spent the first half of the day with an orthoptist who talked to me about low sight and briefed me on the patient and allowed me to watch when they had a check-up.

My favourite day was Day 5 of work experience. I was asked if there was anything I particularly wanted to do and I said surgery and this was arranged. Mally introduced me to a resident anaesthetist who toured me around the surgery floor and told me about her job, what it entails and finally how she qualified.



### NEWSLETTER

#### Year 10 Work Experience Week continued

I was asked to put on a pair of scrubs and introduced to a patient who agreed to allow me to follow her through surgery. She told me how she was feeling about the surgery and then she was taken to see the anaesthetist. I watched as she was given general anaesthetic and was taken into theatre where she would have cataract surgery done. The experience was very fascinating. In the afternoon I went to Collar Prosthetic where I found out about how glass eyes are made and watched them paint the iris. Overall the day was extremely interesting and fun.

During my time in Moorfields I learned a huge amount about the eye and different conditions as well as learning about the interrelationships and the roles the different people played in the hospital. The experience affirmed my interest in the medical profession and was an overall great experience!

#### Year 10 Careers Day

The Year 10 careers programme culminated in the annual careers and mock interview day on Friday 6 July 2018. The day consisted of two parts. In the morning, the pupils had the opportunity to listen to seasoned professionals who introduced them to their respective professions. The speakers were:

- Sam Harmon (Barclays, Finance)
- Paul Newman (Daily Mail, Journalism)
- Han Newman (Loughborough University, Psychology)
- Sinead Greenaway (UKTV, Media)
- Siena Reed (Just So, Creative Design)

After the morning sessions, the pupils and the speakers were treated to a drinks reception and lunch, hosted by Mrs Huxford.

In the afternoon, the pupils were each subjected to a 30 minute interview, during which they had to talk about their ambitions, interests and involvement in everyday school life.

The interview panel was very impressed with our pupils and gave them some constructive feedback at the end of the session. The Year 10 group, soon to be in Year 11, has gained valuable experience in how to conduct themselves in a formal interview scenario, an experience which will be extremely useful for the imminent sixth form application process. The Year 10 pupils would like to thank everybody who made the day possible:

- Mr Botha for organising the event.
- Our guest speakers and the interview panel, who took time out of their busy schedules to spend the day with us.
- Mrs Huxford, Mrs Houssein and Ms Harmon for a wonderful drinks reception.
- Mr Holder and his team for organising the venues.
- Paul, Nikky and the kitchen team for a wonderful lunch and all the other catering arrangements.







#### **Cambridge Centre for Sixth Form Studies Trip**

As part of their Careers Enrichment programme, our Year 10 pupils visited the Cambridge Centre for Sixth Form Studies, or CCSS, an established and leading ISA independent sixth form college offering high quality A level courses.

The pupils were invited to participate in a range of different A level taster lessons to give them a sense of what it would be like to study at this level. Classes included Law, Psychology, Economics and Politics.

In addition to visiting CCSS, the pupils were taken on a guided tour of Cambridge, taking in the historic sites and world famous colleges. It

was a particularly good time to visit as it was graduation day for the students, who were dressed in their ceremonial gowns as they walked the streets.

Our thanks to Mr Botha and Ms Hammersley (CCSS) for arranging a wonderful day, as well as Mr Beint, Mr Tuvey and Ms Parry who accompanied us on the trip.

#### By Katy, 10B

#### **8T Charity Service Project**

In the week of 18-22 June 8T took part in our charity service project. This involved us reading to both Reception classes (Fisher & Greenin). Each day a group of Year 8s read books for the children - each child picked out their favourite books for us to read. We really enjoyed taking part in our service project and I think the Reception children did too!

We want to say thank you to Mrs Fisher and Miss Greenin for allowing us to complete our service project and we also hope to come back soon to do this on a regular basis.

#### Year 9 Charity Cake Sale

By Nicole, 8T

On Tuesday 2 July we had a bake sale in which we sold cakes to Juniors and Seniors. Many pupils donated different types of cakes, homemade chocolate cupcakes, coconut and pineapple cakes, etc... We were able to raise more than £200. The money is going towards the school's three charities, which include Ali's Gift, the David Ashwell Foundation and the United World Schools Cambodia. **William, 9B** 

For our service project, Year 9 decided this year we should do a bake sale to raise money for the three charities: Ali's Gift, the David Ashwell Foundation and the United World Schools Cambodia. We asked the whole school to bake and donate a cake, which we would sell during Junior and Senior break time. We received loads of cakes from all over the school and in total we raised more than £200 to give to the three charities. This bake sale was a great success and I hope we can do it again, to raise even more money for a great cause. **Hawi, 9B** 

### Normanhurst School

NEWSLETTER











### NEWSLETTER

#### Forest Academic Challenge Day

We arrived at Forest School at around 8:40 where we were met by a prefect who took us to the room where we stayed for the day. On the board there were some skills eg problem solving, creativity and leadership. The teacher asked us to come up with a definition of each and share with the rest of the room our best definition.

Then we were given a sheet which had the statement that there should be a £20 fine for people who don't vote, and we were told to argue against the statement. We were given some facts and wrote down our main points and arguments. Each member of our group got a role and we had a debate against two other schools.



Then we had a quiz about parties and their policies and we evaluated the positives and negatives of each party's policies on health, crime and education. Then we were asked to choose our favourite policies or come up with other policies we thought were important.

We were then asked to create our own political party with a name, logo, slogan and policies. During this process we were also taught the importance of having a memorable name and logo that stands out from the rest and how this affects the success of publicising and gaining votes in a campaign.

After finalising all our ideas we were asked to create a campaign stall similar to one you would usually find in a regular campaign. Once set up, we started the campaign. We were all given a sheet with numbers 1-7 on them and in each box next to them we had to write the name of the party and once all parties had campaigned we voted on our favourite party. We really enjoyed putting together our campaign and although we only got three votes we still had a brilliant time and learnt a lot, it was a really good experience.

We learned a lot about parties, their policies and how they get recognition through campaigns.

By Honor and Katy, 10B

#### Senior SRE Workshops

As part of the school's Personal, Social and Health Education programme, Senior pupils participated in a one day workshop relating to Sex and Relationships Education. The workshop was facilitated by Dhiverse, a well-established Sex and Relationship Organisation that plans and delivers bespoke workshops to schools in line with national guidance.

The purpose of the workshop was to provide knowledge and understanding of safe and healthy relationships based on love and respect. This is to encourage the eventual development of safe and



healthy relationships in later life. The workshop developed an understanding of what it means to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage.

The themes discussed were age appropriate and included internet safety, consent, body image and forming healthy relationships. The workshops were informative and fun, enabling pupils to discuss and ask questions within a safe and supportive environment.



### NEWSLETTER

#### **Normanhurst Sports Report**

**Rounders** On 21 June, selected Year 7 and 8 girls competed in the borough rounders tournament against other schools. The matches were played at Forest School. We played Forest A and B teams, Lammas, Holy Family, George Mitchell, Connaught and Rushcroft. We lost four matches and won three. We lost to Holy Family only by half a rounder. Paige and Crystall hit the ball really well which then scored us lots of rounder. Hope, Crystall and Paige bowled excellently. Overall, we came 4<sup>th</sup> place.



We all enjoyed the day and were given double chocolate cookies after! By Sasha, 8T

**Rounders Festival** All of Years 5 and 6 played in an afternoon rounders festival against Coopersale school. The matches were very close. Lots of pupils learned much more about the game of rounders, and many enjoyed scoring their first competitive rounder! Well done—you all did so well on such a hot afternoon.

**Cricket Festival with Norfolk House School** Years 3, 5 and 6 took part in a friendly cricket match at Norfolk House School. This was a fabulous event and gave a chance for the children to put their cricket skills into action against another school. The pupils at Normanhurst have been doing cricket as part of the summer sports curriculum. In their lessons at Peter May they have been learning essential batting, bowling and fielding. It was excellent to see the children using these skills in a competitive but friendly game.

Well done to everyone who played and represented the school.

**ISA National Athletics** All the pupils who won events at the ISA regional athletics meeting went to Birmingham to represent the London North team at the National Championships. All seven regions have teams and every year the competition is of an excellent standard.

There were 17 pupils from Normanhurst competing, the largest number of competitors we have ever had at the Nationals.

Medals were won by:

#### **Gold Medals**

Tolani (Y10) - relay

Prince (Y10) - relay

Silver medals

Tobi (Y10) - hurdles

Jay (Y9) - triple jump

Jesse (Y10) - relay and high jump

Tobi (Y10) - hurdles

Alicia (Y8) - 100m

#### Bronze medals

Alicia (Y4) - Rounders ball throw

Well done to everyone who competed and thank you to Mr Blake, Miss Barnard and Mrs Osborn for attending and giving their help and support on the day.







### NEWSLETTER

#### **Normanhurst Sports Report continued**

Swimming Gala Pupils from Years 5-8 attended a swimming gala at Forest School to end the swimming season with a competitive experience. There were some excellent performances and individual personal bests by both boys and girls. Well done to all swimmers!

**London Borough of Waltham Forest Athletics Championships** This was the final athletics event of the season and one in which our pupils performed excellently. The Year 8 girls relay team won another medal to add to their total, maintaining their record of winning gold or silver at every event this year.

There were also some great individual performances; several pupils qualified through the heats to make finals and the following won medals:

Jay (Y9) - silver in javelin

Guiseppe (Y9) - silver in high jump

Paige (Y8) - bronze in 200m

Year 8 girls relay - 4 x 100m silver

Alicia (Y8) - 100m silver

Well done to everyone who represented Normanhurst at this event.

**Wimbledon** This year through our school membership of the Lawn Tennis Association (LTA) we entered the schools ballot for Wimbledon tickets. The school was offered a precious eight tickets for Court 1. Mr Tuvey and Mrs Taylor accompanied the selected pupils to the event.

The scheduled matches that day were a mix of men and women's third round singles matches. The first match on court was to be finished off from the previous evening between the American Fritz and German Zvereva who won in the fifth set! We were very lucky to see Venus Williams, a past ladies champion, in an exciting three set match which she unfortunately lost to the Dutch player Kiki Bertens.

We stayed until early evening to see the end of another three set thriller between Karolina Pliskova and Mihaela Buzarnescu, which Pliskova won.

Pupils were able to experience some playing fun in the schools zone and some bought themselves a souvenir from one of the many shops.

This was a wonderful day and I hope we are lucky enough to get tickets in the ballot next year. Fingers crossed for some centre court tickets next time!





NEWSLETTER

### NSPA Normanhurst School Parents' Association

#### Normanhurst School Parents' Association

**Dear Parents** 

Another year passes by in the blink of an eye. But it is a year of great memories and great promise (I'm not thinking about the football either).

As avid readers of this newsletter will know, at the start of the year we set ourselves a very ambitious target to try and raise enough money in one year to buy 36 iPads for the pupils. I'm pleased to report that by using the 2018 levy, and the significant profit from our excellent Summer BBQ, they will be purchased early in the next term. Congratulations and thanks to everyone who participated, purchased, and enjoyed any or all of our events over the year.

The NSPA is a naturally evolving organisation and when we return in September we will be looking for new members to join us. We will also be looking for interesting ideas about how to help fund events and purchase kit that will help make our children's school experience more exciting.

Currently in the pipeline for 2018/19 are the AGM, Rock N Roll bingo, the Winter and Easter walks, a concert, a possible Christmas Ball and the Summer BBQ (we need a theme) to name just a few.

The NSPA Committee

#### **Normanhurst School Parents' Association**

Donna Coy, a loyal NSPA Committee member over many years, sadly died following an illness this term. We are grateful for all she and the family gave to the Normanhurst family. Her son left Normanhurst two years ago. Our thoughts are with the family.

